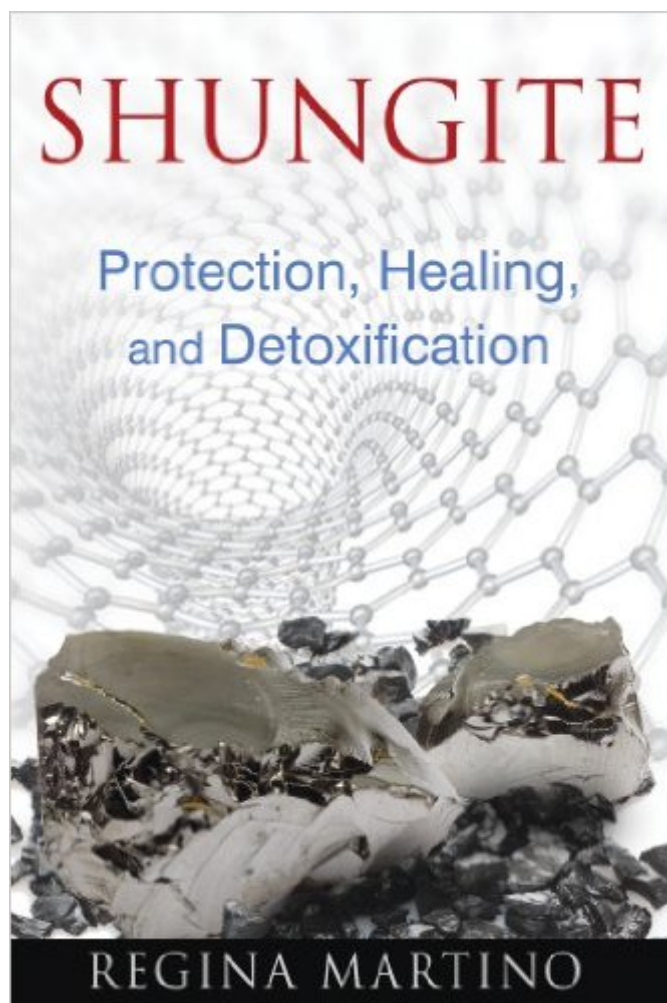


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# Shungite: Protection, Healing, And Detoxification



## Synopsis

A practical guide to the many healing and purifying uses of the mineral known as shungite • Explains how shungite counteracts the harmful effects of EMF and radiation from computers, cell phones, Wi-Fi, and other electronic devices • Cites many double-blind scientific and medical studies on shungite • Explores how shungite acts as a natural antioxidant, immune booster, pain reliever, and allergen suppressant as well as water purifier and revitalizer • Reveals how shungite contains fullerenes, which recent research shows are able to slow both the growth of cancer cells and the development of AIDS Found near the small village of Shunga in Russia, the remarkable mineral known as shungite formed naturally more than two billion years ago from living single-cell organisms. Used in Russian healing therapies since the time of Peter the Great, shungite contains almost the entire periodic table of the elements as well as fullerenes, the hollow carbon-based molecules that recent research shows are able to slow both the growth of cancer cells and the development of the AIDS virus. Citing many double-blind scientific and medical studies on shungite, Regina Martino explains its many protective, healing, and detoxifying properties, including its ability to counteract the harmful effects of electromagnetic fields and radiation from computers, cell phones, Wi-Fi, and other electronic devices and appliances. Acting as a natural antioxidant, immune booster, pain reliever, and allergen suppressant, shungite and shungite water • can be used to treat skin ailments and musculoskeletal diseases, accelerate the healing of cuts and wounds, cleanse internal systems, and increase the body's intake of vital energy. Detailing shungite's many microelements and biologically active substances, Martino reveals how the stones have been proven to purify and revitalize water. Exploring the energetic properties of shungite, she reveals how it facilitates energetic transfers between the chakras and higher energies outside the body and can be used to harmonize living spaces. Truly a marvel of the natural world, shungite offers protection against the perils of our modern technological world and healing for both body and spirit.

## Book Information

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## Customer Reviews

I was lucky enough to get this book as a gift. And what a gift! If you've researched this remarkable mineral you've discovered how little responsible information is out there. Ms. Martino hits all the high spots, and then quietly goes about showing you how and why it can do what it does so effectively. There's still a lot of room for research with Shungite, tons more to learn and experience. Regina has cleared away a lot of the brushwood and leveled the field for us. Definitely a keeper in my library. Highly, highly recommend this one, guys.

its everything you want to know about shungite and then some history ,components, healing properties,how to use it, every thing

Fascinating read. I have a couple of autoimmune diseases and am very sensitive to electromagnetic waves emitted from cell phones, computers and cordless phone bases. Nothing major, but it definitely throws me out of balance and makes me feel jittery so I can't sleep at night unless I shut everything down. This rare stone, shungite, supposedly counteracts the negative effects of EM waves on the body, without taking on a negative ion charge. The stones are found in only a single mine in northern Russia, and have been used for health by the Russians going back to Peter the Great. The book cites several Russian studies on the health benefits of shungite. Despite this, people outside of Russia remain skeptical. I'm willing to give it a try. The book lists online resources where you can buy shungite to wear and place near your electronic devices for protection from EM waves. You can also buy shungite products on that are reasonably priced. I figure I've got nothing to lose, so why not? I just wish that more scientific studies on this unique stone were conducted and written in English.

This book is great. Extremely helpful in the use of Shungite a wonderful reference. I then went to .com to order 2KGs of this miracle stone.

This is an incredible well researched book, and considering there is hardly any information on Shungite to be found I hope the author writes another book soon! I couldn't put it down! It has a great deal of scientific information as well as practical uses..you won't be disappointed if you appreciate that crystals really do affect us and our environment.

This Amazing Stone Will Change Your Life And Buy It Now From Rusalana on Ebay or "the Shungite Store" Before it becomes more priceless than GOLD! It's an amazing secret kept by the Russians for centuries!!!

This is an excellent book for people wanting to work with Shungite. I loved it. I am still using it as a reference book.

Wonderful , thorough information on this "otherwordly" precious stone encompassing scientific and spiritual qualities. A must for anyone interested in the background, case studies, uses and applications of this miraculous, unique specimen!

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